





# HEALTH & WELLNESS BLOOD PRESSURE MONITOR



## DESCRIPTION

The Omron blood pressure monitor allows anyone to keep track of their health to live their best life.

## RESOURCE GUIDE

Resource	Description	Login link/QR code
Booklist	Check out these books at SCCLD	
Kanopy	Health and Wellness	
Science	Science Translational Medicine	
Medline Plus	High Blood Pressure	
Health Library by Staywell	Primary Pulmonary Hypertension (PPH)	